



THE BELLRINGER

Newsletter of the Lake County Retired Teachers Association

Volume 55 No.2

March, 2019

PRESIDENT'S MESSAGE.....

COMING SOON! Spring! We can only hope that it gets warmer soon. A little more sun would be great!

If you were unable to attend the February meeting, you missed a good lunch. We have returned to The Kirtlander. There are new owners, the rooms are redecorated and the food was good. We will be meeting there in April and June. The program for our April meeting will be Patricia Rullo, "Speak Up and Stay Alive" (A patient advocate process) A trip to the hospital can be dangerous-why do these things happen? What can we do about them? How can you be safe?

In June, we will be meeting our LCRTA Scholarship winners and the four teachers who have received our Jean P. Lentz Memorial Active Teacher Grant. I hope that you will join us in April and June for two good programs. The reservation sheet for the April meeting is on page 3 of this newsletter.

Don't forget the final "Dining to Donate" event to be held on Thursday, April 11, 2019, at Bob Evans, 9235 Mentor Avenue in Mentor. You will need to present the flyer that will be available at the April 9 luncheon in order to receive 15% off of your breakfast, lunch or dinner during the hours of 6AM to 9PM. You can also visit the website at www.lakecountyrta@weebly.com to download a copy of the flyer.

Thank you to those attending the other two events, at Longhorn Steakhouse and Max & Erma's. Your participation is greatly appreciated by the Scholarship Committee.

Finally, if you are planning on traveling to Williamsburg in December for "Williamsburg Christmas," please send a \$100 deposit to Sarah Reinhard by April 1, 2019. Ten(10) reservations are needed to get the discounted price

Karen Sawitke

A BUNCH OF IMPORTANT, RELEVANT LEGISLATIVE STUFF.

Tom Moscovic

State Defends School Takeover Law in Ohio Supreme Court Case.

Lawmakers didn't violate the Ohio Constitution or a procedural rule when they passed a law that shifted control of poor-performing school districts, the state argued in a new filing at the Ohio Supreme Court, which is considering a case challenging the law.

The measure puts operational control of such districts in the hands of unelected CEOs hired by state appointed academic distress commissions, instead of locally elected school boards. The version of the bill that contained those changes was pushed through the Legislature in one day in 2015 in a flurry that upset teachers unions and public school supporters.

The school board in Youngstown, the first troubled district affected by the legislation, and school employees' unions argue the so-called Youngstown Plan violates the Constitution by stripping school boards' authority. They also say lawmakers rushed the changes into legislation about improving schools that was already under consideration, skirting more thorough debate and the "Three Reading Rule" requiring repeated consideration of legislation on different days if a measure has been significantly changed.

In a filing, the state and its Department of Education argued those claims aren't true and that the law should stand. They said the bill had the same purpose, improving education in failing school districts throughout the course of the legislative process, was given appropriate consideration, and didn't remove all powers of the affected school boards.

They also urged the state's high court to overrule precedent from a previous case and declare the courts can't review whether a bill complies with the "Three Reading Rule" beyond checking whether legislative journals indicate the House and Senate each considered a measure on three separate days.

"The division of authority is a matter of respect between coordinate branches: just as the legislature must not intrude on the judicial power by supervising the writing of judicial opinions, the courts should not intrude on the ⇒

IF YOU HAVE A NEW EMAIL ADDRESS,
PLEASE LET US KNOW ASAP.

NOTICES ARE SENT BY EMAIL. IF YOU ARE
NOT RECEIVING THEM, I DO NOT HAVE
YOUR CORRECT ADDRESS.

sawitke@oh.rr.com

Legislative continued...

legislative power by supervising the writing of the laws,” they wrote. An appeals court previously sided with the state.

Groups representing Ohio school boards, superintendents, teachers and school officials had joined the Youngstown board in urging the court to consider the case, as did school boards in Lorain and East Cleveland, two other districts affected by the law.

ACTION-Support Voting Rights Advancement Act

The Voting Rights Advancement Act of 2019 (H.R. 4) would once again require states and localities with recent histories of voter discrimination to seek approval from the U.S. Department of Justice before making any changes in their election laws. The measure is a direct response to the Supreme Court’s 2013 decision in *Shelby v. Holder*, which invalidated key provisions of the Voting Rights Act. First passed in 1965, the Voting Rights Act addressed persistent and purposeful discrimination through literacy tests, poll taxes, intimidation, threats, and violence that curtailed political participation for millions of American citizens. As voter suppression efforts evolved, the need for protections persists. In the 2016 elections, the first in decades without the protection of the Voting Rights Act, 33 states implemented laws that could lead to voter suppression. Make contact and tell your representatives to support the Voting Rights Advancement Act. You will find a listing of all your elected officials (Current January 2019-January 2021) on our the LCRTA website at lakecountyrta.weebly.com OR in the 2019 LCRTA Directory that you will be receiving soon.

Lake County School Districts Ranked State Report Card

District	Grade	Performance index	Standards met
Fairport Harbor	D	76.461	2 of 24
Kirtland Local	B	100.557	19 of 24
Madison Local	C	85.646	5 of 26
Mentor	B	95.771	11 of 24
Painesville City	F	65.283	1 of 24
Perry Local	B	94.115	9 of 24
Riverside Local	C	92.865	8 of 24
Wickliffe City	D	86.803	5 of 26
Willoughby-Eastlake	C	86.743	3 of 24

COMMUNITY PARTICIPATION

By Louise Bennet

Project Hope, located on Freedom Road in Painesville Township, delivers on its name by providing H-O-P-E to the homeless. For our April meeting, you are asked to give this organization a helping hand by providing one or more of the items listed below. I have arranged some suggestions into four categories in “hopes” of helping when you “shop” for ideas of ways you can contribute.

FOOD: Hot Chocolate, iced tea mix, Ranch Dressing, caffeinated coffee, creamer, fruit cups

CLEANING SUPPLIES: Lysol spray, HE laundry detergent, Latex gloves (size-large), toilet bowl cleaner, garbage bags

OFFICE SUPPLIES: copy/printer paper, postage stamps, white labels (Avery 5960)

PERSONAL NEEDS: men’s deodorant, ear plugs
Shower flip flops, new underwear for men and Women (All sizes, including men’s t-shirts and women’s bras.)

Thank you in advance for your donations. Please place your donation on the table provided at the meeting. Please place the cancelled postage stamps that we are collecting on the same table.

Don’t forget to fill in your Volunteer Hours for November through March on the form on the back page of this newsletter and deposit it on the table, or send it to me. My address is on the form.

SEEKING NEW VOLUNTEER DIRECTOR FOR LITTLE RED SCHOOLHOUSE WILLOUGHBY

The Board of Directors of the Little Red Schoolhouse in Willoughby is seeking a new director for the schoolhouse. This is a volunteer position. The main function is to coordinate the volunteers and oversee the scheduling of classes. All 4th graders in the Willoughby-Eastlake School System come to the schoolhouse free of charge. Students from other districts also visit the schoolhouse after paying a fee. Classes are held a few days per week during the school year.

Please contact Susan Roseum - sroseum@yahoo.com if you are interested or have any questions.



LCRTA Luncheon Reservation

Kirtlander Party Center
9270 Chillicothe Road
Kirtland

DUE BY APRIL 3, 2019

Please send reservation form with your payment to:

MAKE ALL CHECKS PAYABLE TO L.C.R.T.A.Susan McCarter
9720 Johnnycake Ridge Road
Concord, Ohio 44060
440-639-1141

Please reserve _____(s) for the TUESDAY, April 9, 2019, at \$16.00 per person

Name (s) _____ Phone _____

Amount enclosed _____

Lunch (Choose 1) _____Chicken Piccata _____Eggplant Parmesan

salad, corn, skin on mashed potatoes, coffee, tea, variety of turnovers

Social time 11:00am Lunch served at 11:30am

INFORMATIVE & PROTECTIVE SERVICES

Terri Herbert

Recognizing Stress

Even though we are retired and supposedly leading a “relaxing” life we all deal with stress. With our lives moving so fast we readily comprehend “too much stress.” But we can assess this common condition more deeply and look at ways it may show itself in our lives.

Not all stress is bad and what affects one person might not be stressful to another person. But too much “good stress” can change to being “stressed out” if we don’t learn to manage it.

According to WebMD: low energy, headaches, upset stomach, muscles aches and pains, rapid heartbeat, insomnia, frequent colds and jaw clenching are some of the symptoms of physical stress.

Emotional stress can show up as feelings of being overwhelmed, agitation, frustration or moodiness, or by difficulty relaxing, low self-esteem, loneliness, depression and avoiding others. Cognitive symptoms include worrying, forgetfulness, disorganization, inability to focus and negative thoughts.

Behavioral stress may be seen via changes in appetite, avoidance of responsibility, increased intake of alcohol and cigarettes and pacing and fidgeting.

All of us have some of these symptoms and they can vary from day to day. But these symptoms can also indicate an illness. So if any of the above are continuous please see your doctor. As chronic stress can lead to illness, taking steps to reduce stress is just good common sense.

Next newsletter we will look at some ways to reduce stress in your life or deal with the stress we all have.

AN INVITATION

The Geauga County Retired Teachers Association has issued an invitation to members of LCRTA to attend their **April 2, 2019** meeting to be held at :

**Fowler’s Mill Golf Course-Pete Dye Banquet Room
13095 Rockhaven Road, Chesterland, OH 44026.**

The Menu will be: Pork Medallions seared with bacon/topped with apple maple barbeque glaze, Roasted Redskin Potatoes with garlic and herbs, Baby Glazed Carrots tossed with cinnamon, brown sugar and butter, Mixed Green Salad with tomatoes, cucumbers and red onions, Warm Rolls, Cake, Tea and Coffee. (There is no vegetarian choice)

The cost of the luncheon is \$21.00(includes \$1.00 donation to Grant-in-Aid). Gathering time is 11:15AM, Business Meeting is at 11:30AM, Luncheon is served at 12:00 noon.

The speaker for this meeting is STRS Communications Director, Nick Treneff. He will address STRS funding and the status of our COLA. He will also address the health care program. There will be cards on the tables for your questions or come prepared with your notes.

Please make you check out to GCRTA and mail it to
Judy Miller, 17130 Kinsman Road
Middlefield, Ohio 44062

Phone- 440-487-4324

**PAYMENT MUST ARRIVE NO LATER
THAN MARCH 24, 2019.**



THE BELLRINGER

A Publication of the
**LAKE COUNTY RETIRED
TEACHERS ASSOCIATION**

LCRTA
9399 Ridgeside Drive
Mentor, Ohio 44060



pdfelement



MARK YOUR CALENDAR!

- April 9.....Luncheon/Meeting....Kirtlander Party Center
- April 11....Dine to Donate...Bob Evans, Mentor Avenue 6:00AM-9:00PM
- May 1.....The Pop Tarts.....Fine Arts 1:00PM
- May 21.....Holden Arboretum
- June 12....The Secret Garden....Fine Arts 1:00PM
- June 26....Wooster/Ohio Light Opera...Girl Crazy
- July 11....Falling Water & Flight 93 Memorial
- August 23....Rabbit Run Theater...."My Way" Save the Date
- October, 2019....Australia/New Zealand
- December 6-9.....Williamsburg Christmas

Volunteer Hours

Cut out and bring to the next meeting or mail to: Louise Bennet, 9970 Cottonwood Ct. Mentor, OH 44060

Name: _____ Phone: _____

Volunteer Hours: **November 2018-March 2019**

Caregiver Hours _____ Volunteer Hours _____

2019 - 2020 SOCIAL/TRAVEL CALENDAR

MAY 1, 2019 – THE POP TARTS – FINE ARTS – 1 PM
MAY 21, 2019 – HOLDEN ARBORETUM
JUNE 12, 2019 – THE SECRET GARDEN – FINE ARTS – 1 PM
JUNE 26, 2019 – WOOSTER / OHIO LIGHT OPERA – “GIRL CRAZY”
JULY 11, 2019 – FALLINGWATER & FLIGHT 93 MEMORIAL
AUGUST 23, 2019 – RABBIT RUN THEATER – “MY WAY” – SAVE THE DATE
OCTOBER, 2019 – AUSTRALIA / NEW ZEALAND
DECEMBER 6 – 9, 2019 – WILLIAMSBURG CHRISTMAS
OCTOBER, 2020 - ALBUQUEROUE BALLOON FESTIVAL

Remove Watermark Now

PLEASE MAKE ALL CHECKS PAYABLE TO L.C.R.T.A. UNLESS SPECIFIED OTHERWISE!!

PHONE OR EMAIL THE PERSON IN CHARGE WHEN YOU MAIL YOUR CHECK!!

IF YOU HAVE SUGGESTIONS FOR TRIPS, PLEASE CONTACT A COMMITTEE MEMBER OR SEND AN EMAIL TO OUR EMAIL ADDRESS: oh.lcrtasoctrav@gmail.com

SOCIAL/TRAVEL COMMITTEE MEMBERS

Gail Allcock, Sherry Barbieri, Kathleen Kling, Lynn Miller, Sherry Niederkorn, Sarah Reinhard

MAY 21, 2019 HOLDEN ARBORETUM (NOTE CHANGE) DUE: APRIL 15, 2019

Welcome Spring on a guided one hour tram tour on Tuesday, May 21st at the Holden Arboretum. We will meet near the Corning Visitor Center located at 9550 Sperry Rd. by 10:45 AM for the 11AM tram tour. The cost is \$8.00 per person and includes admission to the Arboretum and the tram tour. Lunch options include packing a picnic lunch or purchasing a sandwich or salad from their cold cooler. Optional tickets to the Canopy Walk or Emergent Tower are extra and may be purchased at the Arboretum and done on your own. There is a minimum of 10 and maximum of 15. Contact: Sherry Barbieri at 440-946-1628 or sun_light@oh.rr.com.

JULY 11, 2019 FALLINGWATER & FLIGHT 93 MEMORIAL DUE: MAY 1, 2019

Join us along with Great Day Tours on a one day tour to Pennsylvania. Our first stop is Shanksville, PA for a visit to the Flight 93 Memorial. A luncheon buffet follows at a historic restaurant that was not in agreement with Prohibition. Lastly, there will be a tour of Frank Lloyd Wright’s Fallingwater, a home situated over a waterfall. This trip may depart between 6 to 7:30 AM and generally returns about 9 PM to 10 PM. Cost: \$148 per person. Contact: Kathy Kling at 440-487-3806 or kathyk5773@aol.com. Check LCRTA website for sign-up form.

CUT----- JUNE 26, 2019 WOOSTER / OHIO LIGHT OPERA DUE: MAY 6, 2019

MAIL TO: Sarah Reinhard, 8677 Harvest Home Dr., Mentor, Ohio 44060. Make check payable to LCRTA. Please reserve ___place(s) at \$102 per person (based on group of 35). Only pickup: First Presbyterian Church, 4785 Shankland Blvd., Willoughby, OH – please arrive no later than 8:15 AM.

Lunch Choices: (Beverage and dessert included, please select 1 per person).

- ___ French Onion Soup, Lemon Muffin with Garden Salad
___ Quiche DuJour, Fresh Fruit
___ Half Club Croissant, Fruit Salad.

NAME(S) _____ PHONE _____

E-MAIL _____

Please list name(s) and contact information separately if additional members/guests are included on this form.

CUT----- MAY 21, 2019 HOLDEN ARBORETUM (NOTE CHANGE) DUE: APRIL 15, 2019

MAIL TO: Sherry Barbieri, 38147 Poplar Dr., Willoughby, OH 44094. Make check payable to LCRTA. Please reserve ___ place(s) at \$8.00 per person for the Holden Arboretum tram tour.

NAME _____ PHONE _____

E-MAIL _____

Please list name(s) and contact information separately if additional members/guests are included on this form.

CUT----- MAY 1, 2019 THE POP TARTS, Warm and Ready to Serve DUE: APRIL 5, 2019

MAIL TO: Sherry Niederkorn, 6988 Weatherby Drive, Mentor, Ohio 44060. Make check payable to LCRTA. Please reserve ___ tickets for “The Pop Tarts” at \$12 per person (based on group of 10).

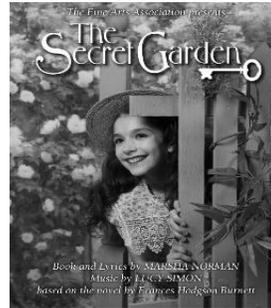
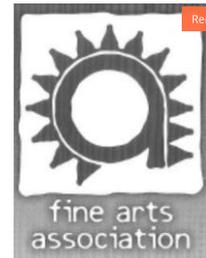
NAME _____ PHONE _____

E-MAIL _____ CHECK NUMBER _____

Please list name(s) and contact information separately if additional members/guests are included on this form.

FINE ARTS SENIOR MATINEE SERIES 2019

Ticket prices of **\$12 each** are based on a group of 10. All shows begin at 1:00 pm in The Fine Arts Association Corning Auditorium at 38660 Mentor Avenue in Willoughby and include a cookie and punch reception following the performance. Payment for each performance must be made to "LCRTA" with separate checks and mailed to: **Sherry Niederkorn, 6988 Weatherby Dr., Mentor, OH 44060.**



WED., MAY 1, 2019 **THE POP TARTS, Warm & Ready to Serve** **DUE: APR. 5, 2019**

This trio, in three delicious flavors, serves up a fun and tasty tribute to 60's girl groups. *Rated G.*

WED., JUN. 12, 2019 **THE SECRET GARDEN** **DUE: MAY 17, 2019**

The enchanting children's literature classic, reimagined as a musical tale of forgiveness and renewal.

A timeless story for all ages. *Rated G.*

JUNE 26, 2019 **WOOSTER / OHIO LIGHT OPERA** **DUE: MAY 6, 2019**

We will make our annual trip to Wooster to see "Girl Crazy" by George Gershwin. This 1930's musical features songs such as "I Got Rhythm," "But Not for Me," "Bidin' My Time," "Embraceable You," and many others.

Our lunch stop is at Pine Tree Barn before we head to our matinee performance at the College of Wooster. Our **only pickup** will be 8:30 AM in Willoughby at First Presbyterian Church, 4785 Shankland Blvd. *Please arrive no later than 8:15 AM.* Cost: **\$102 per person** based on 35 participants (increase due to ticket increase) and includes lunch, theatre tickets, transportation, and all gratuities. **Contact: Sarah Reinhard at 440-567-9515 or swreinhard4@yahoo.com.**

OCTOBER 3, 2019 **AUSTRALIA & NEW ZEALAND** **ONLY DOUBLE ROOMS LEFT**

The Pre-Trip to Melbourne and the Outback is sold out, but you can explore even more, with a Post-trip extension to Fiji. **Main Trip Dates: (19 days)** Oct. 3 thru Oct. 21, 2019 \$4395 per person. **Airfare from CLE: (round trip)** \$2010 per person. **Pre-Trip Option: (5 nights- SOLD OUT).** **Post-Trip Option: (4 nights)** Oct. 21 thru Oct. 25, 2019 \$1595 per person. Contact Sherry Niederkorn for additional information at 440-477-1198 or sherry.niederkorn23@gmail.com. **No single rooms left; only a few doubles remain.**

DECEMBER 6 - 9, 2019 **WILLIAMSBURG CHRISTMAS** **DEPOSIT DUE: APRIL 1, 2019**

We will be traveling by motorcoach with Great Day Tours to experience the Grand Illumination at Williamsburg. The tour visits Historic Staunton, Monticello, and Richmond as well as Williamsburg, VA. Included are three breakfasts, two lunches, two dinners, transportation, lodging, and entrance fees. Cost: **\$759.60 (double) or \$972.60 (single).** Contact Sarah Reinhard at 440-567-9515 or swreinhard4@yahoo.com. **DEPOSIT OF \$100 due April 1, 2019 to hold your reservation. Balance due Oct. 6, 2019. No cancellations after Sept. 6, 2019 - Replacements only.** Registration form on LCRTA website or contact Sarah for the form.

COME TRAVEL WITH LCRTA



Visit the Social / Travel page at <https://lakecountyrta.weebly.com/socialtravel.html> to download forms and see photos of previous trips.